

Plainville Little League

Frequently Asked Questions

Division: Major League Softball

Equipment:

- *Provided by League:* Team Bats, Team Helmets, Catchers gear, Softball Shirt, Softball Socks & Visor
- *Required:* Softball glove, Softball pants, Softball cleats
- *Optional:* Softball socks, Individual Helmet with face guard, Individual Bat & Bat bag

Team Selection:

Manager chooses coaches and teams determined by draft.

Practices:

- How many per week- 2-4 depending upon game schedule
- Approx. Length- 2 hrs.
- What to expect-
 - Throwing –Mastery of throwing progression
 - Catching – Mastery of grounders and catching the ball, hone the fly ball skills (coming in , going back)
 - Hitting – Consistently hit live pitching, mastery of bunting, if talent exists with left handed hitting, teach slapping
 - Base Running – coming off the bases on the release of the pitch, stealing, delayed steal, aggressive base running techniques
 - Movement – mastery of coverage's and situational play, bunt defense
 - Pitching – hone fundamentals of pitching, incorporate change ups if possible

Games:

- How many per week- 1-3 per week
- Locations- Home (Gnazzo), Away (require travel to towns including but not limited to Bristol/Terryville)
- Approx. Length- 6 innings

Division Specific Information:

- No jewelry
- Unlimited advance on overthrows
- 1 at bat and 6 consecutive outs
- Batting order followed unless players substitution
- One base at a time for stealing

All-Star Eligibility/Selection Process:

- All major league players are eligible for all-star selection provided they have played a minimum of 60% of games
- Managers of the major league teams determine the first 9 players by unanimous vote, the remaining roster positions are left up to all-star manager discretion

